

## June 2009 Schedule

Saturday May 30th  
 Gold I, II and Senior 8-11am  
 Mentoring White and Blue Groups 10:30-11am

<b>Week Of 6/1-6/6</b>					
Monday Pre- White 4-4:45pm White 4-5 Blue 5-6:15 Gold I 4-5:30 Drylands 5:30-6 Gold II and Senior 5:30-7:30 Drylands 4:15-5:15	Tuesday White 4-5 Blue 5-6:15 Gold I 4-5:30 Gold II and Senior 5:30-7:30 6-7am	Wednesday Pre- White 4-4:45pm White 4-5 Blue 5-6:15 Gold I 4-5:30 Drylands 5:30-6 Gold II and Senior 5:30-7:30 Drylands 4:15-5:15	Thursday White 4-5 Blue 5-6:15 Gold I 4-5:30 Gold II and Senior 5:30-7:30 6-7am	Friday Gold and Senior practice 5-7:30pm Gold II and Senior Drylands 4-5pm	Saturday Gold and Senior Practice 8-11am Mentoring 10:30- 11am HSC Bangor Maine
<b>Week of 6/8-6/14</b>					
Monday Pre- White 4-4:45pm White 4-5 Blue 5-6:15 Gold I 4-5:30 Drylands 5:30-6 Gold II and Senior 5:30-7:30 Drylands 4:15-5:15	Tuesday No practice all groups Pool Closed for repairs	Wednesday Pre- White 4-4:45pm White 4-5 Blue 5-6:15 Gold I 4-5:30 Drylands 5:30-6 Gold II and Senior 5:30-7:30 Drylands 4:15-5:15	Thursday White 4-5 Blue 5-6:15 Gold I 4-5:30 Gold II and Senior 5:30-7:30 6-7am	Friday Gold and Senior practice 5- 7:30pm Gold II and Senior Drylands 4-5pm	Saturday Gold and Senior Practice 8-11am Mentoring 10:30- 11am
<b>Week of 6/15-6/21</b>					
Monday Pre- White 4-4:45pm White 4-5 Blue 5-6:15 Gold I 4-5:30 Drylands 5:30-6 Gold II and Senior 5:30-7:30 Drylands 4:15-5:15	Tuesday White 4-5 Blue 5-6:15 Gold I 4-5:30 Gold II and Senior 5:30-7:30 6-7am	Wednesday Pre- White 4-4:45pm White 4-5 Blue 5-6:15 Gold I 4-5:30 Drylands 5:30-6 Gold II and Senior 5:30-7:30 Drylands 4:15-5:15	Thursday White 4-5 Blue 5-6:15 Gold I 4-5:30 Gold II and Senior 5:30-7:30 6-7am	Friday Gold and Senior practice 5-7:30pm Gold II and Senior Drylands 4-5pm SSA Distance time trial for select Gold and Senior swimmers	Saturday SSA Meet no practice  Sunday SSA meet no Practice
<b>Week of 6/22-6/27</b>					
Monday Pre- White 4-4:45pm White 4-5 Blue 5-6:15 Gold I 4-5:30 Drylands 5:30-6 Gold II and Senior 5:30-7:30 Drylands 4:15-5:15	Tuesday White 4-5 Blue 5-6:15 Gold I 4-5:30 Gold II and Senior 5:30-7:30 6-7am	Wednesday Pre- White 4-4:45pm White 4-5 Blue 5-6:15 Gold I 4-5:30 Drylands 5:30-6 Gold II and Senior 5:30-7:30 Drylands 4:15-5:15	Thursday White 4-5 Blue 5-6:15 Gold I 4-5:30 Gold II and Senior 5:30-7:30 6-7am	Friday Gold and Senior practice 5-7:30pm Gold II and Senior Drylands 4-5pm	
<b>Week of 6/29-7/4</b>					
Monday Pre- White 4-4:45pm White 4-5 Blue 5-6:15 Gold I 4-5:30 Drylands 5:30-6 Gold II and Senior 5:30-7:30 Drylands 4:15-5:15	Tuesday White 4-5 Blue 5-6:15 Gold I 4-5:30 Gold II and Senior 5:30-7:30 6-7am	Wednesday Pre- White 4-4:45pm White 4-5 Blue 5-6:15 Gold I 4-5:30 Drylands 5:30-6 Gold II and Senior 5:30-7:30 Drylands 4:15-5:15	Thursday White 4-5 Blue 5-6:15 Gold I 4-5:30 Gold II and Senior 5:30-7:30 6-7am	Friday Gold and Senior practice 5-7:30pm Gold II and Senior Drylands 4-5pm	Saturday No practice Happy Fourth of July